

REGISTER NOW!



SCAN HERE



JUNG KO TKD MARCH BREAK CAMP

EARLY BIRD DISCOUNT 10% ENDS JAN 31ST

Activities

- Taekwondo
- Sparring technique
- Fitness Challenge
- Arts&craft
- Group games

MARCH 10 - 14

\$400 + HST 5 DAYS
\$90 + HST PER DAY

For more information:

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- 🌐 www.jungko.com

Jung Ko Taekwondo March Break Camp

MARCH BREAK CAMP SCHEDULE

Monday, March 10th	Tuesday, March 11th	Wednesday, March 12th	Thursday, March 13th	Friday, March 14th
Drop off / Free Play (8:30 - 9:00 AM)				
Introductions, Icebreakers & Warm Up				
Morning Taekwondo class Poomsae / Sparring / Self-defense & Bully proofing / Nunchucks Fitness challenge / Board Breaking / Sparring / Target Kicking				
Morning Snack (Peanut Free)				
Team Games	Science Activities	Arts & Craft	Steam Activities	Team Games
Lunch (Peanut free)				
Steam Activities	Mini Olympics	Team Games	Fitness challenge	Art & Craft
Snack (Peanut free) & Free play				
Afternoon Taekwondo Class Poomsae / Sparring / Self-defense & Bully proofing / Nunchucks Fitness challenge / Board Breaking / Sparring / Target Kicking				
Pick up (2:30 - 3:00 PM)				
After Care Until 5PM (\$20/day)				

- Please note this is just a general draft. Times and Activities are subject to change.
- Campers need to bring their own lunch & snacks and water bottle. (Peanut Free)
- Bring your sparring equipment everyday if you have.

Register now!



Perfect for beginners looking to start their martial arts journey and a great opportunity for our students to level up their skills!